

How To Get Rid Of Dandruff: Top 8 home remedies

Dandruff is one of the most common scalp conditions that is affecting millions of people worldwide. It is characterized by small, white flakes that shed from the scalp and can be seen on hair, clothing, and shoulders. Having dandruff is not a serious medical condition, but it can be embarrassing and uncomfortable. Fortunately, there are many home remedies that can help get rid of dandruff. In this article, we will discuss some of the most effective ways of [How To Get Rid Of Dandruff](#) at home.

Top 8 effective home remedies on How To Get Rid Of Dandruff:

1. Use tea tree oil

Tea tree oil is a natural antifungal and antiseptic that can help reduce the growth of the yeast that causes dandruff. To use tea tree oil for dandruff, mix a few drops of tea tree oil with a carrier oil such as coconut oil or olive oil. Apply on your scalp and massage it in for a few minutes. It is important to leave the solution on for 30 minutes to an hour before washing it off with shampoo.

2. Apply apple cider vinegar

Apple cider vinegar is a natural acidic substance that can help restore the pH balance of your scalp and reduce the growth of yeast that causes dandruff. Mix equal parts of apple cider vinegar and water and apply the mixture to your scalp using a cotton ball. Leave it on for some time before washing it off with shampoo.

3. Use baking soda

Baking soda is an excellent exfoliant that can help remove dead skin cells from your scalp and reduce the buildup of dandruff. Mix the soda with water to form a paste. Apply the paste to your scalp and massage it in for a few minutes before rinsing it off with water.

4. Apply coconut oil

Coconut oil is regarded as a natural moisturizer that can help reduce the dryness. Thus it is an effective way of How To Get Rid Of Dandruff at home. Apply coconut oil to your scalp and massage it in for a few minutes before washing it off with shampoo.

5. Try aloe vera

Aloe vera is a natural anti-inflammatory that can help reduce the redness and itching associated with dandruff. Apply aloe vera gel to your scalp and massage it in for a few minutes before washing it off with shampoo. You can also mix aloe vera gel with tea tree oil for added benefits.

6. Use lemon juice

Lemon juice is a natural acidic substance that can help reduce the growth of yeast that causes dandruff. Apply fresh lemon juice to your scalp and massage it in for a few minutes before washing it off with shampoo. You can also mix lemon juice with coconut oil for added benefits.

7. Apply neem oil

Neem oil is a natural antifungal and antibacterial that can help reduce the growth of yeast and bacteria that cause dandruff. Apply neem oil to your scalp and massage it in for a few minutes before washing it off with shampoo. For best results, leave the neem oil on your scalp overnight and wash it off in the morning.

8. Use olive oil

Olive oil is a natural moisturizer that can help reduce the dryness and itching associated with dandruff. Apply olive oil to your scalp and massage it in for a few minutes before washing it off with shampoo. For best results, leave the olive oil on your scalp overnight and wash it off in the morning.

Follow the above mentioned remedies at your home and you will get to see the best results for your long search on How To Get Rid Of Dandruff.